

application form visit: <http://www.justice.gov.uk/downloads/contacts/noms/assisted-prison-visits/apv-form.pdf>

**Prisoners' Families and Friends Service:** Has a free SMART phone APP or the following website: [www.sesamestreet.org/parents/topicsandactivities/toolkits/incarceration#](http://www.sesamestreet.org/parents/topicsandactivities/toolkits/incarceration#)

**Money Matters:** A number of organisations locally and nationally can support with money issues, benefit claims and helping you retain your house. Turn2us can also support you while the parent is serving their sentence and also upon their release

## Other Useful Links

### IMPACT pathways:

[www.impactpathways.org.uk](http://www.impactpathways.org.uk)

### Turn2us:

[www.turn2us.org.uk/Your-Situation/A-prisoner](http://www.turn2us.org.uk/Your-Situation/A-prisoner)

### ChildLine online chat:

[www.childline.org.uk/Talk/Chat/Pages/OnlineChat.aspx](http://www.childline.org.uk/Talk/Chat/Pages/OnlineChat.aspx)

### B&NES Connecting Families Team:

[www.bathnes.gov.uk/services/children-young-people-and-families/connecting-families](http://www.bathnes.gov.uk/services/children-young-people-and-families/connecting-families)

### B&NES Youth Connect Service:

<http://www.bathnes.gov.uk/services/children-young-people-and-families/youth-connect>

### Grandparents Plus:

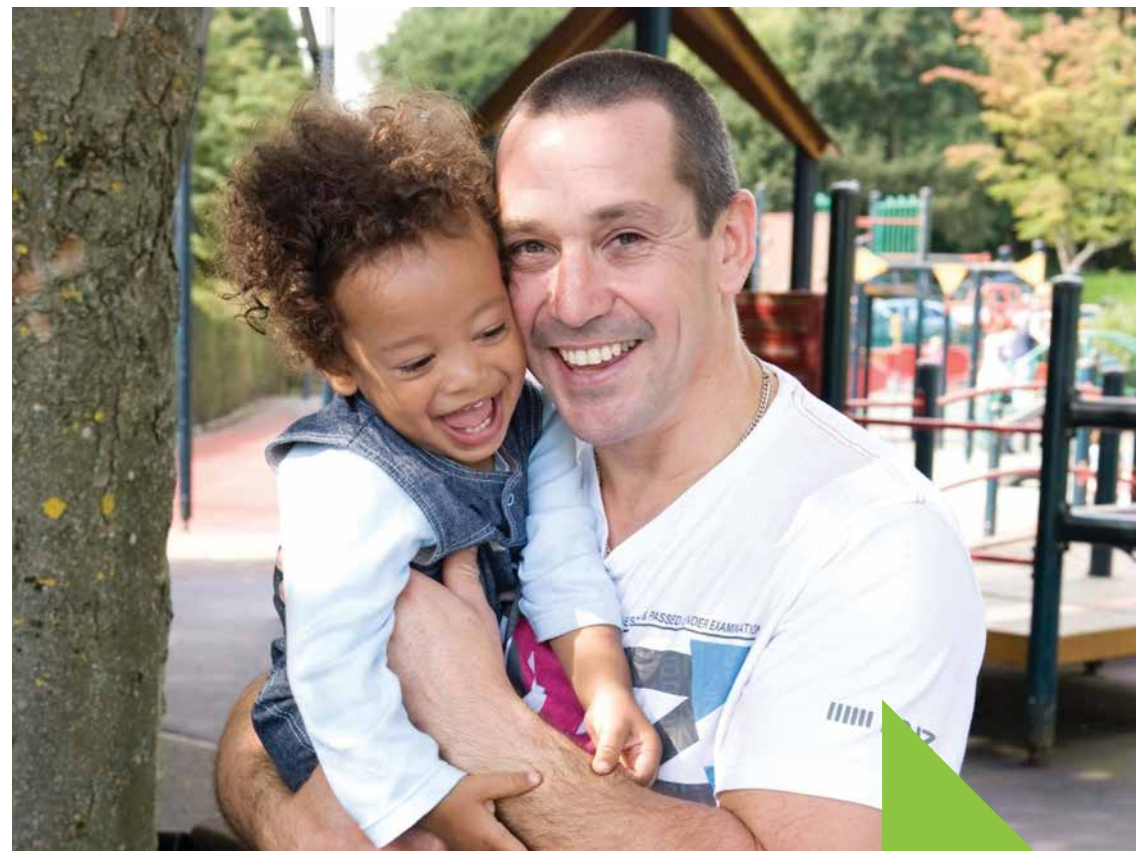
For grandparents caring for their grandchildren  
[www.grandparentsplus.org.uk/families-of-prisoners](http://www.grandparentsplus.org.uk/families-of-prisoners)

**Bath & North East  
Somerset Council**



**Believe in  
children  
Barnardo's**

# Does your child have a parent, grandparent or carer in prison?



*Where to go for information and support  
in Bath & North East Somerset*



[www.barnardos.org.uk](http://www.barnardos.org.uk)  
Barnardo's Registered Charity Nos.  
216250 and SC037605

**Bath & North East  
Somerset Council**

The arrest and imprisonment of a parent, carer or other family member can be very stressful for the whole family, bringing with it a great deal of uncertainty, upheaval, upset and loss.

It isn't always an easy matter to discuss with anyone. It can impact on your children, your relationships, and your family's finances, housing, health and well-being and leave you feeling isolated.

**“The hardest things are that you’ve got to keep the house going, you’ve got to look after your children, financially you’ve got to be independent and then you’ve got to mentally support someone else when you need that support yourself...I want something back for me, but I haven’t got that.”**

**Partner of a parent in prison**

This leaflet provides information on where to go for help and advice in Bath and North East Somerset.

**Health and Well-being:** You can talk confidentially to your GP about issues concerning your family's health and well-being. A child or young person may struggle to come to terms with the sudden absence of their parent and may need support to deal with this.

**Information about local services:** The Family Information Service (FIS) hosts the 1 Big Database website which holds a wide range of information and advice about local services for families, ranging from childcare to safe lifestyle choices. It also holds information about national organisations. Check out the website; [www.1bigdatabase.org.uk](http://www.1bigdatabase.org.uk)

**Offenders Families Helpline:** This national organization supports families of offenders through all the arrest, court and prison procedures. This is a Freephone number: **0808 808 2003**

**Support for children:** Sometimes it can be difficult for you to talk to your child about what is happening around them. They may want to talk to someone else.

**ChildLine** is a service for children and young people up to the age of 19 to talk to a trained counsellor in confidence. The following is available:

- Freephone number: **0800 1111**
- 1-2-1 online chat
- Email or use message boards—follow the other links from the page above

There are a number of resources to help you or your family to talk to your child (no matter what their age) about what is happening and help to explore their feelings about it.

**Sesame Street** has a free SMART phone APP or the following website: [www.sesamestreet.org/parents/topicsandactivities/toolkits/incarceration#](http://www.sesamestreet.org/parents/topicsandactivities/toolkits/incarceration#)

**Action for Prisoners and Offenders Families:** This organization provides a Freephone helpline for emotional support as well as practical advice regarding prison visits and keeping in touch, transfers, tagging and preparing for release. It has produced a booklet on telling the children: [http://app.pelorous.com/public/cms/287/0/228/9751/The\\_Outsideers\\_Telling\\_the\\_children.pdf?realName=y2bNbu.pdf](http://app.pelorous.com/public/cms/287/0/228/9751/The_Outsideers_Telling_the_children.pdf?realName=y2bNbu.pdf)

**Tel: 0808 808 3444**

**Ormiston** provide a range of advice including “My Special Book” to complete with children on a visit to their parent: [www.ormiston.org/prison-outreach.html](http://www.ormiston.org/prison-outreach.html)

**Keeping in touch:** If you are keeping in touch with your child's parent in prison, you may need information about visiting or making telephone, email or letterbox contact.

**Prison visiting:** Prison visits can be booked using an online service. Visit someone in prison GOV.UK ([www.gov.uk/prison-visits](http://www.gov.uk/prison-visits))

**Assistance with travel costs for prison visiting:** If you are a close relative of the prisoner and are in receipt of certain benefits, you may be able to get financial assistance for your visit to and from the prison. For the