

Contact Details

If you are interested in having our programme delivered within your school then please contact the Essex CAPI team on;

01268 558448 or 07947 219802

essex.capi@barnardos.org.uk

Students feedback on what they learnt from the programme:

- "I need to learn from my mistakes."
- "No matter what age someone is they can get in to trouble"
- "If you do not know what the consequences of an action would be, then don't do it!"
- "Women can get into criminal offences without knowing."
- "Respect people and they will respect you."
- "You can go to prison for a lot of things"
- "What it is like to be in prison."
- "What it is like in gangs."



Students feedback on what changes they will make:

- Showed me to think about the future.
- Women can change the way they live.
- To not commit crime.
- Respect people more.
- Do not want to be in a gang.
- Not to get into trouble with the police.
- Don't get involved.
- Listen more.



Children Affected by Parental Imprisonment

Essex CAPI Service

Girls Inspired

...

Straight Talking

Essex CAPI Service has been awarded PCC Community Safety Development Funding (CSDF) to run a programme across Essex within Secondary Schools to help young girls to address the complexities that comes from being a young person.



The Programme

The programme is aimed at young girls aged 11-15 years old.

The overall aim of the programme is to address the complexities of young girls' lives and that of their families who may be affected by imprisonment and/or family offending through a holistic intervention programme.

The programme is intended to support young girls who are at risk or already involved in offending behaviour or other hidden harms such as drugs, alcohol and domestic violence.

Through the programme we will increase their knowledge and understanding of potential outcomes when engaging with negative choices and equip them with the tools to choose more positive pathways.

There are key areas which we generally cover such as;

- ◆ the lack of respect for their bodies
- ◆ raising their awareness of inappropriate sexuality exploitive behaviours
- ◆ self-harming
- ◆ mental health issues
- ◆ experimenting with illegal substances and binge drinking
- ◆ raising self confidence and self-esteem
- ◆ gangs

All of the above could potentially put them at risk of seeking inappropriate relationships, engaging with anti-social behaviour within the community and failure to achieve their full potential in education.

Please remember that the course can be tailored to suit the needs of your school and the young girls.

What we ask of you...

- ◆ To have around 10 students on the programme that you have identified as appropriate to attend.
- ◆ 5-6 weeks for 1.5/2 hours each week
- ◆ Time and day can be agreed between CAPI and you
- ◆ The length and overall content of the course can be agreed by you and tailored to suit the needs of your school and any issues or vulnerabilities that the young girls may have.
- ◆ An opportunity to come back to your school at a later date to speak with the girls who attended the programme to gain their insight and thoughts into and how it can be developed further.

Statistics

The number of women in prison has more than doubled since 1993. There are now nearly 2,300 more women in prison today than there were in 1993.

On 16 June 2017 there were 3,994 women in prison in England and Wales.

8,447 women were sent to prison in the year to December 2016, either on remand or to serve a sentence.

Most women entering prison under sentence (84%) have committed a non-violent offence.

Theft offences accounted for nearly half (48%) of all custodial sentences given to women in 2016.

53% of women in prison reported experiencing emotional, physical or sexual abuse as a child, compared to 27% of men.

71% of female offenders have no qualifications.

In 2008-9 almost 5,000 children were remanded in custody in England and Wales