# **Contact Details**

For more information regarding Invisible Lives or to make a referral please contact us using the details

below:

# 01268 558448 07947219802 invisiblelives@barnardos.org.uk

When a mother goes to prison only 5% of the children remain in the family home.



200,000 children and young people each year experience a parent being imprisoned

Children of prisoners are twice as likely to experience mental health problems

### Believe in children Barnardo's

Formally know as Barnardo's Essex CAPI Service

Barnardo's Registered Charity Nos. 216250 and SC037605



### **Child and Family Services**

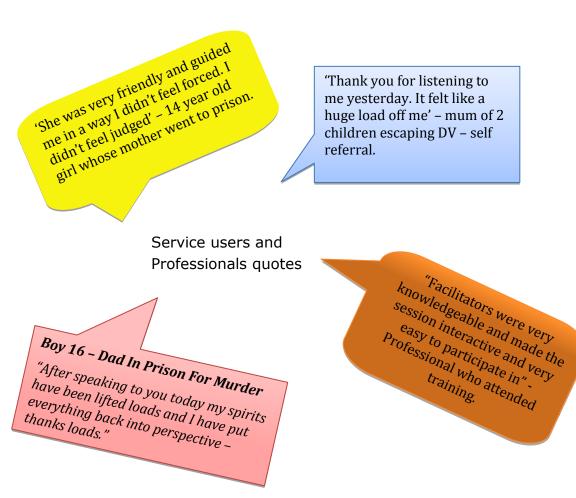
#### A Guide for Professionals



Suffolk, Hertfordshire and Essex

## **Invisible Lives**

Invisible Lives provides specialist support to the most vulnerable groups of children, young people and their families when affected by; the criminal justice system, risk taking behaviours and hidden harms.



# **Services**

#### Child and Family Support;

- Provides 1-1 support or group based sessions in the home and school for up to 8 sessions, with the potential for further support based on reviews and outcomes

- Whole family approach to support the child.

- Address fears, anxieties and worries of children and their families by building emotional resilience and positive mental health.

- Liaises with all organisations that may be involved to provide a seamless and transparent support package.

- Support for families dealing with the shock, loss of a family member, isolation and the stigma of having a family member arrested, in court, in prison or/and coming back into the community.

#### **Other Services Provided:**

- School based Prevention and Intervention Programmes (Inc. Gangs, CSE, CCE, Knife Crime & Anti-social behaviour)
- School Mentoring
- Bespoke Professionals Training
- Offender Behaviour Courses
- Military Family Support

#### See separate leaflets for more information.

(Some services are chargeable)