



HM Prison &  
Probation Service

# Toolkit for Supporting Care Leavers in Custody 2019

Developed as part of Barnardo's Care Leaver  
Engagement Service

Believe in  
children  
 Barnardo's



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# Why do we need to think about Care Leavers?

*'Those with experience of the care system are more likely to have experienced significant trauma and abuse and other disadvantage that can put them more at risk of violence, self-harm and suicide when in prison. Many also have experiences of being failed by their corporate parents and can come to prison feeling extremely isolated and angry.'*

(Farmer Review, 2017)

- **27% of the prison population have spent some time in care**, despite the fact that only 1% of under 18s enter local authority care annually.
- It is likely that around a **quarter of 18-25 year olds in your establishment are defined as Care Leavers**.
- Care leavers are **more likely to be reconvicted or breached** when they leave custody (MoJ, 2013).
- Care leavers are **some of the most vulnerable individuals you will be working with** in custody, many will have experienced significant trauma during their childhoods which will impact on their physical and mental health, as well as their behaviour.
- Looked after children and care leavers are between **four and five times more likely to attempt suicide in adulthood**.
- The **prison service are committed to providing effective support to Care Leavers** in custody:

*'HMPPS will provide a framework of provision and policies that together, will work to improve the life-chances of care leavers once in the community'*

MoJ Care Leaver Covenant (2018)

# Understanding Care Leaver Needs

## **Stigma and labels**

Some young people may have had a negative experience of the care system and do not want to be associated with being a Care Leaver. Many young people consider 'Care Leaver' a negative label that carries stigma associated with challenging behaviour and poor attainment. Care Leavers need support to understand the benefits of identifying themselves as a Care Leaver; have the opportunity to speak about their care experience; and be made aware that staff understand the challenges they might have faced.

## **Lack of influence over decision making**

During their time in care, young people may have felt that decision making processes were taken out of their hands - they have felt like nobody listened to them when decisions were made to remove them from a family home, move placement or leave care. Care Leavers may need support to share their views and trust that their views are being listened to.

## **Transition to adulthood**

18 often feels like a 'cliff edge' for Care Leavers with a rapid transition to independent living and adult services, often lacking the emotional, practical and financial support that other young people have access to when they leave home. They may need additional support to develop independent living skills prior to release. A third of all Care Leavers leave care before their 18<sup>th</sup> birthday.

## **Education, training and employment**

Unfortunately, research suggests that Care Leavers are far less likely to achieve well in education than their peers. In 2013, only 27% of children in care had achieved 5 GCSE's compared to 80% of non-looked after children (DfE, 2013). As a result, Care Leavers in custody may need additional support and encouragement to access education and training.

## **Health needs**

The impact of trauma and maltreatment in childhood (63% of children enter care as a result of abuse or neglect) places Care Leavers at risk of poor physical and mental health. It can also impact on their ability to self-regulate their feelings and behaviour. For many Care Leavers, their physical and mental health needs may not have been diagnosed or treated due to lack of support networks or regular placement moves.

## **Relationships**

Previous trauma/disrupted attachment, changes in caregiving arrangements, involvement of numerous agencies in their lives, inconsistency in PA/social worker may make it difficult for Care Leavers to develop and maintain positive relationships. It may take longer to overcome the barriers that many individuals put up to prevent trusting relationships being developed. They may display behaviour that makes it difficult to develop those relationships. However, it is important to remind yourself why it is that these young people may find relationships difficult and let them know that you will keep trying. Consistency and perseverance are key.

# How to define a Care Leaver

The definition 'Care Leaver' dictates what support an individual will be able to access from the Local Authority who was responsible for caring for them.

Care Leaver status is defined by:

- The age the individual is now (they must be 25 or under)
- The age the individual was in care (they must have been in care on their 16<sup>th</sup> birthday)
- How long the individual was in care for (they must have been in care for at least 13 weeks since their 14<sup>th</sup> birthday to be eligible for full support from the local authority)

The chart below tells you who is defined as a Care Leaver and the type of support they are eligible for from local authorities.

To confirm an individuals' care leaver status contact the local authority that was responsible for their care – a list of authorities and contact numbers can be found on pages 12-21.

Definition	Age	Criteria	What the Local Authority <i>must</i> provide
Relevant children	16 - 17 years old	No longer in care In care (or YOI) on or after 16 <sup>th</sup> birthday In care for at least 13 weeks after 14 <sup>th</sup> birthday	<ul style="list-style-type: none"> <li>• Listen to the CL's wishes and feelings</li> <li>• Appoint a Personal Adviser</li> <li>• Undertake a needs assessment</li> <li>• Prepare a Pathway Plan</li> <li>• Regularly review the Pathway Plan</li> <li>• Find and pay for accommodation</li> <li>• Pay subsistence</li> <li>• Keep in touch and visit regularly</li> </ul>
Former relevant	18 – 25 years old	No longer in care In care on or after 16 <sup>th</sup> birthday In care when turned 18 In care for at least 13 weeks since 14 <sup>th</sup> birthday	<ul style="list-style-type: none"> <li>• Listen to the CL's wishes and feelings</li> <li>• Provide a Personal Adviser</li> <li>• Regularly review the Pathway Plan</li> <li>• Help with expenses connected with work, education or training</li> <li>• Provide or pay for accommodation during college or university holidays if studying away from home</li> <li>• Provide other support by buying the items needed directly or, in exceptional circumstances, by giving cash, to the</li> </ul>

		<i>If, at the age of 21, the young person requests ongoing support, then s/he remains a former relevant child until age of 25.</i>	<p>extent that welfare and education needs require it</p> <ul style="list-style-type: none"> <li>• Contribute towards living expenses near to employment, education or training</li> <li>• A higher education grant of £2,000</li> <li>• Keep in touch and visit regularly</li> </ul>
Qualifying	18 – 25 years old	<p>In care on or after 16<sup>th</sup> birthday</p> <p>In care for less than 13 weeks since 14<sup>th</sup> birthday</p>	<ul style="list-style-type: none"> <li>• Provide advice and support</li> <li>• Keep in touch with the Care Leaver</li> <li>• Provide or pay for accommodation during college or university holidays if studying full-time away from home, up to the age of 25.</li> </ul>

Source: <https://coramvoice.org.uk/young-peoples-zone/am-i-care-leaver>

## Important to remember:

- Many individuals' may be 'care experienced' even if they do not meet the 'Care Leaver' criteria. They may have support needs as a result of their care experience.
- Unaccompanied asylum-seeking children will automatically be in the care of the Local Authority on arrival to the UK. On 31st March 2018 there were 4,480 unaccompanied asylum-seeking children in England.
- 'Care Leaver' is a label that some individuals may not feel comfortable with. Many young people did not choose to 'leave care' and instead feel that 'care' left them. Young people often feel there is a stigma associated with the 'Care Leaver' label.
- Some individuals may choose not to have contact with their Personal Advisor, others may not know who their Personal Advisor is.
- Some individuals may not be aware of their 'Care Leaver' status – you may need to ask a series of questions to ascertain whether they are a Care Leaver.
- The length of time and the age at which they were in care will define what support from the local authority they are entitled to. This will NOT necessarily define what support they *require*.



# Jargon Busting

## **Advocate**

Young people in care are legally entitled to an advocate who will help make sure their voice is heard in decisions that affect them as well as help them to make a complaint and ensure that they are receiving the support they are entitled to. Advocates usually work for independent organisations, whereas Children's Rights Officers work for the council. There are also advocacy services available for Care Leavers – see resource list on pages 22-25.

## **Corporate parent**

A corporate parent is intended to carry out many of the roles a parent would. It is the local authority's role to be the corporate parent for Care Leavers. They should provide the child they are responsible for with the best possible support and care and safeguard them from harm. For care leavers this responsibility continues until their 21st birthday with this continuing until they are 25 should they want it. They are also able to ask for it at any point until they are 25.

## **Local Offer**

All local authorities have to publish a 'Local Offer for Care Leavers' which details what support they are providing for Care Leavers and how that support can be accessed. It should include who to contact to access support and where to go for support with; health and wellbeing, relationships, education, employment, housing and finance. Most of these offers are published on-line (links listed in Local Authority contacts, pages 12-21).

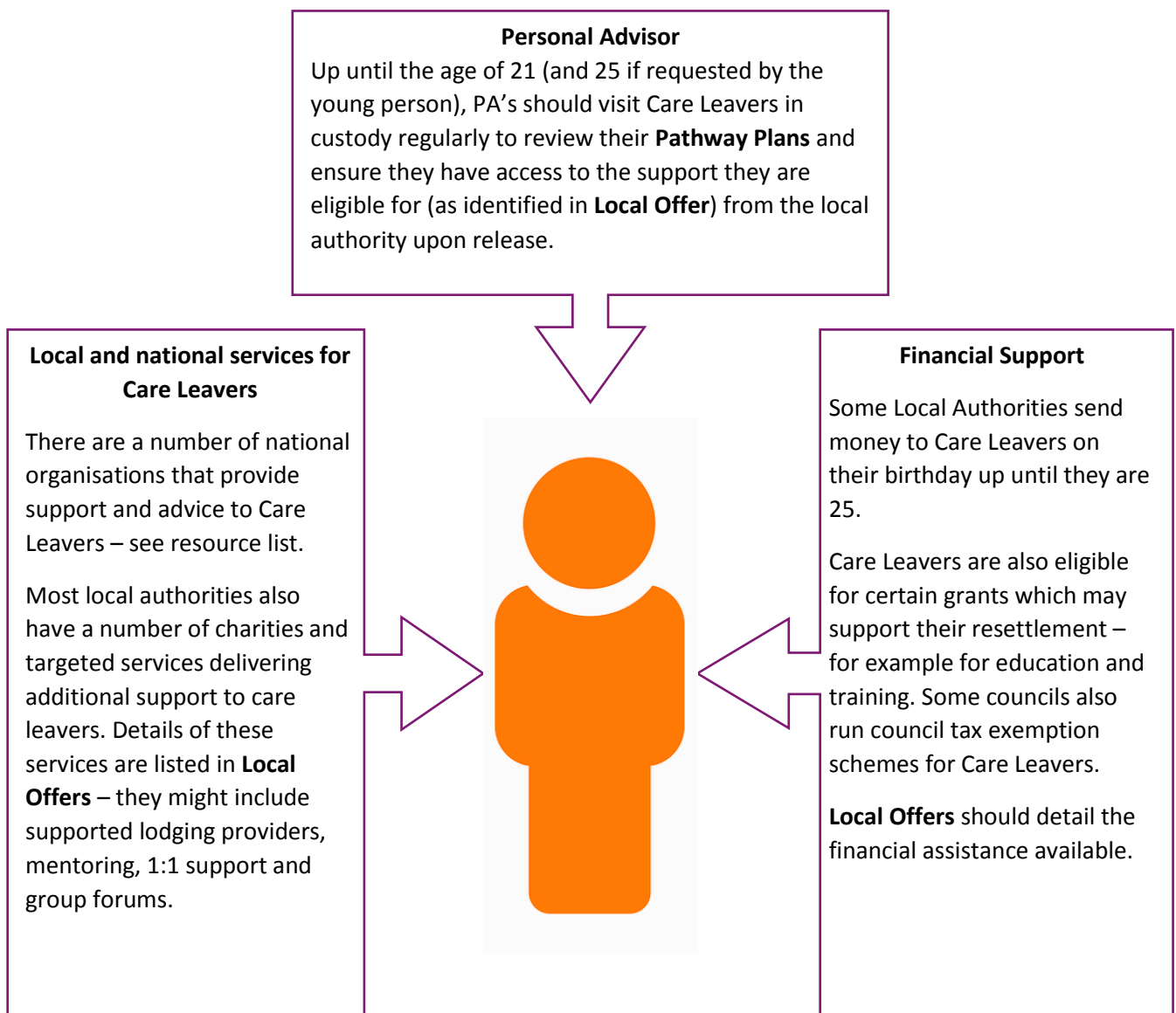
## **Pathway Plan**

Local Authorities *must* develop a Pathway Plan with a young person in care sometime after their 15th birthday, usually around their 16<sup>th</sup> birthday, to support them to live independently. This Plan, based on a needs assessment, covers all aspects of a Care Leaver's life from relationships, health and identity to independent living skills, employment and housing. The Plan should include details about how the PA and Care Leaver will stay in touch. Much of the information included may help inform an individual's Sentence and/or Resettlement Plan while they are in custody.

## **Personal Advisor (PA)**

Once a young person in care is over 16, or a Care Leaver they will be appointed a Personal Advisor (PA). The PA will take over from the Social Workers in supporting the young person to live independently, developing/reviewing Pathway Plans until that individual is 21 (and up to 25 if an individual requests this). In some cases a young person's PA may have also been their social worker. PAs should stay in regular contact, and support young people with accessing education, training and employment and provide advice on things like housing, money, health, relationships and wellbeing.

# Support available for Care Leavers



**TIP:** The best place to find out about what support is available for a Care Leaver is to check out the local authority Local Offer or speak to their Personal Advisor – see contact details on the following pages.

# List of Local Authority Care Team Contact Numbers & Local Offers

## **You might contact a local authority (with a young persons' permission) to:**

- Identify/contact a Personal Advisor/social worker for a Care Leaver in custody
- Check a young persons' Care Leaver status
- Engage local authority in resettlement/sentence planning for a Care Leaver
- Inform the local authority that a Care Leaver is in custody
- Help to identify significant others/family members for a Care Leaver

## **You might access a local offer to:**

- Identify support/services available to care leavers in that area
- Share information with a Care Leaver about the range of support available. Many local offers are written as colourful leaflets that are accessible to young people (see links below). It may be useful for a Care Leaver to go through the local offer before they meet with their Personal Advisor.
- Identify contact details of services/individuals within the local authority.

County	Local Authority	Leaving Care Team contact number	Link to Local Offer
<b>Bedfordshire</b>	Bedfordshire	0300 300 8000	
<b>Berkshire</b>	Bracknell	01344 354304	
	Reading	0118 937 5320	<a href="http://www.reading.gov.uk/careleavers">http://www.reading.gov.uk/careleavers</a>
	Slough	01753 477321	<a href="https://www.scstrust.co.uk/your-service/my-future/">https://www.scstrust.co.uk/your-service/my-future/</a>
	West Berkshire	01635 519530	<a href="http://info.westberks.gov.uk/CHttpHandler.ashx?id=46211&amp;p=0">http://info.westberks.gov.uk/CHttpHandler.ashx?id=46211&amp;p=0</a>
	Wokingham	0118 9088083	<a href="http://childrenincarecouncil.wokingham.gov.uk/care-leavers-local-offer/">http://childrenincarecouncil.wokingham.gov.uk/care-leavers-local-offer/</a>
<b>Bristol</b>	Bristol	0117 353 4176	<a href="http://www.rvoice.co.uk/pages/home/care-leavers/bristol-local-offer">http://www.rvoice.co.uk/pages/home/care-leavers/bristol-local-offer</a>
<b>Buckinghamshire</b>	Buckinghamshire	aftercareteam@bucksc.gov.uk	<a href="https://www.bucksfamilyinfo.org/kb5/buckinghamshire/fsd/advice.page?id=GIVSsf4UkOg">https://www.bucksfamilyinfo.org/kb5/buckinghamshire/fsd/advice.page?id=GIVSsf4UkOg</a>
	Milton Keynes	01908 253434	
<b>Cambridgeshire</b>	Cambridgeshire	01480 372463	<a href="https://www.cambridgeshire.gov.uk/residents/children-and-families/children-s-social-care/care-leavers-local-offer/">https://www.cambridgeshire.gov.uk/residents/children-and-families/children-s-social-care/care-leavers-local-offer/</a>
	Peterborough	01733 864371	<a href="https://pcc-live.storage.googleapis.com/upload/www.peterborough.gov.uk/healthcare/childrens-social-care/PCCCareLeaversGuide2017.pdf?inline=true">https://pcc-live.storage.googleapis.com/upload/www.peterborough.gov.uk/healthcare/childrens-social-care/PCCCareLeaversGuide2017.pdf?inline=true</a>
<b>Cheshire</b>	Cheshire East	01606 271500	<a href="https://www.cheshireeast.gov.uk/livewell/care-and-support-for-children/services-from-childrens-social-care/local-offer-for-care-leavers.aspx">https://www.cheshireeast.gov.uk/livewell/care-and-support-for-children/services-from-childrens-social-care/local-offer-for-care-leavers.aspx</a>
	Cheshire West & Chester	01244975926	<a href="https://www.cheshirewestandchester.gov.uk/residents/health-and-social-care/children-and-young-people/Care-leaver-offer/Contacts-for-care-leavers.aspx">https://www.cheshirewestandchester.gov.uk/residents/health-and-social-care/children-and-young-people/Care-leaver-offer/Contacts-for-care-leavers.aspx</a>
	Halton	0151 511 8612	<a href="https://localoffer.haltonchildrenstrust.co.uk/care-leavers-local-offer/">https://localoffer.haltonchildrenstrust.co.uk/care-leavers-local-offer/</a>
	Warrington	01925446235	<a href="https://www.mylifewarrington.co.uk/kb5/warrington/directory/directory.page?directorychannel=5_26">https://www.mylifewarrington.co.uk/kb5/warrington/directory/directory.page?directorychannel=5_26</a>

<b>Cornwall</b>	Cornwall	0300 1234 101	<a href="https://www.cornwall.gov.uk/health-and-social-care/childrens-services/children-in-care-and-care-leavers/cornwalls-local-offer-to-care-leavers/">https://www.cornwall.gov.uk/health-and-social-care/childrens-services/children-in-care-and-care-leavers/cornwalls-local-offer-to-care-leavers/</a>
<b>County Durham</b>	Darlington	01325 406284	<a href="https://www.darlington.gov.uk/education-and-learning/childrens-social-care/leaving-care-and-the-local-offer/">https://www.darlington.gov.uk/education-and-learning/childrens-social-care/leaving-care-and-the-local-offer/</a>
	Durham	03000 262 289	<a href="https://www.durham.gov.uk/article/19443/Find-out-more-about-our-Local-Offer-for-care-leavers">https://www.durham.gov.uk/article/19443/Find-out-more-about-our-Local-Offer-for-care-leavers</a>
	Stockton on tees	01642 527860	<a href="https://www.stocktoninformationdirectory.org/kb5/stockton/directory/service.page?id=BJyynfFaVOE">https://www.stocktoninformationdirectory.org/kb5/stockton/directory/service.page?id=BJyynfFaVOE</a>
<b>Cumbria</b>	Allerdale & Copeland	01946 595300	<a href="https://www.cumbria.gov.uk/eLibrary/Content/Internet/537/6374/6987/42331113640.pdf">https://www.cumbria.gov.uk/eLibrary/Content/Internet/537/6374/6987/42331113640.pdf</a>
	Barrow & South Lakeland	01229 408000	
	Carlise & Eden	01228 227025 / 226991	
<b>Derbyshire</b>	Derbyshire	01773 717212	<a href="https://www.derbyshire.gov.uk/site-elements/documents/pdf/social-health/children-and-families/children-we-look-after/the-local-offer-for-derbyshire-care-leavers.pdf">https://www.derbyshire.gov.uk/site-elements/documents/pdf/social-health/children-and-families/children-we-look-after/the-local-offer-for-derbyshire-care-leavers.pdf</a>
<b>Devon</b>	Exeter	07581156261	<a href="https://www.standupspeakup.org.uk/wp-content/uploads/2018/09/Care-Leavers-Local-Offer-V8-Final-Sept-18.pdf">https://www.standupspeakup.org.uk/wp-content/uploads/2018/09/Care-Leavers-Local-Offer-V8-Final-Sept-18.pdf</a>
	South Devon	01392 384797	
	Mid/East Devon	01392 384121	
	North Devon	07790770713	
	Plymouth	01752 398200.	<a href="https://www.plymouth.gov.uk/sites/default/files/LeavingCare.pdf">https://www.plymouth.gov.uk/sites/default/files/LeavingCare.pdf</a>
	Torbay	01803 208400	<a href="https://www.torbay.gov.uk/children-and-families/services-and-support/iyss/care-leavers/">https://www.torbay.gov.uk/children-and-families/services-and-support/iyss/care-leavers/</a>
<b>Dorset</b>	Bournemouth	01202 458893	<a href="https://www.bournemouth.gov.uk/childreducation/care-leavers/Care-Leavers-Documents/Bournemouth-Local-Offer-to-Care-Leavers.pdf">https://www.bournemouth.gov.uk/childreducation/care-leavers/Care-Leavers-Documents/Bournemouth-Local-Offer-to-Care-Leavers.pdf</a>
	Dorset	01305 225809	<a href="https://www.dorsetforyou.gov.uk/children-families/childrens-social-care/children-in-care/local-offer-for-care-leavers/local-offer-for-care-leavers.aspx">https://www.dorsetforyou.gov.uk/children-families/childrens-social-care/children-in-care/local-offer-for-care-leavers/local-offer-for-care-leavers.aspx</a>
	Poole	01202 714713	<a href="https://poole.gov.uk/social-care-and-health/a-local-offer-for-care-leavers/the-pathways-team/">https://poole.gov.uk/social-care-and-health/a-local-offer-for-care-leavers/the-pathways-team/</a>

<b>East Riding of Yorkshire</b>	Hull	01482 615650	<a href="http://www.hull.gov.uk/children-and-families/advice-and-support-young-people/care-leavers-local-offer">http://www.hull.gov.uk/children-and-families/advice-and-support-young-people/care-leavers-local-offer</a>
	East Riding of Yorkshire	01482 396422	<a href="https://www.eastriding.gov.uk/living/children-and-families/leaving-care/">https://www.eastriding.gov.uk/living/children-and-families/leaving-care/</a>
<b>East Sussex</b>	Brighton & Hove	01273 295400	<a href="https://www.brighton-hove.gov.uk/sites/brighton-hove.gov.uk/files/care-leavers-reach-stars-local-offer-01-may-2019.pdf">https://www.brighton-hove.gov.uk/sites/brighton-hove.gov.uk/files/care-leavers-reach-stars-local-offer-01-may-2019.pdf</a>
	East Sussex	01273 335150	<a href="https://www.eastsussex.gov.uk/media/13111/local-offer-for-care-leavers-2019-2020.pdf">https://www.eastsussex.gov.uk/media/13111/local-offer-for-care-leavers-2019-2020.pdf</a>
<b>Essex</b>	Basildon	03330 013 8935	<a href="https://assets.ctfassets.net/knkzaf64jx5x/2IVwRlx9S6FTvi4p9d4Rqs/940012dd7600a823d721a8feb51a7d12/The-Local-Offer-for-Care-Leavers.pdf">https://assets.ctfassets.net/knkzaf64jx5x/2IVwRlx9S6FTvi4p9d4Rqs/940012dd7600a823d721a8feb51a7d12/The-Local-Offer-for-Care-Leavers.pdf</a>
	Chelmsford	03330 013 8941	
	Colchester	03330 013 9980	
	Harlow	0333 013 9932 / 0333 013 9939	
	Southend on Sea	01702 212087	
<b>Gloucestershire</b>	Cheltenham	01242 262695	<a href="https://www.gloucestershire.gov.uk/media/2083341/care-leavers-offer-brochure-final-web.pdf">https://www.gloucestershire.gov.uk/media/2083341/care-leavers-offer-brochure-final-web.pdf</a>
	North Gloucester	01452 547540	
	South Gloucester	01452 551276	
	Stroud	01453 763993	<a href="http://www.southglos.gov.uk/documents/Care-Leavers-Guide_Final.pdf">http://www.southglos.gov.uk/documents/Care-Leavers-Guide_Final.pdf</a>
	South Gloucestershire	01454 868418	
<b>London, City of London &amp; Middlesex</b>	Barking & Dagenham	0208 227 5496	<a href="https://www.lbbd.gov.uk/sites/default/files/attachments/Local-offer-to-care-leavers.pdf">https://www.lbbd.gov.uk/sites/default/files/attachments/Local-offer-to-care-leavers.pdf</a>
	Barnet	020 8359 6220	<a href="https://www.barnet.gov.uk/children-and-families/care-leavers-local-offer">https://www.barnet.gov.uk/children-and-families/care-leavers-local-offer</a>
	Bexley	020 8303 7777	<a href="https://www.bexley.gov.uk/services/children-young-people-and-families/childrens-social-care/our-offer-young-adults-leaving-councils-care">https://www.bexley.gov.uk/services/children-young-people-and-families/childrens-social-care/our-offer-young-adults-leaving-councils-care</a>
	Brent	0208 379 4612	<a href="https://www.brent.gov.uk/media/16411177/appendix-1-lbbrentleavingcareofferjan18v3.pdf">https://www.brent.gov.uk/media/16411177/appendix-1-lbbrentleavingcareofferjan18v3.pdf</a>
	Bromley	020 8313 4108	<a href="https://www.bromley.gov.uk/download/downloads/id/4669/care_leavers_guide.pdf">https://www.bromley.gov.uk/download/downloads/id/4669/care_leavers_guide.pdf</a>

Camden	020 7974 3377 / 7974 6169	020	<a href="https://www.backchatonline.org.uk/pages/care-leavers/stuff-to-know/camden-local-offer-for-care-leavers/services-from-21-to-25-years">https://www.backchatonline.org.uk/pages/care-leavers/stuff-to-know/camden-local-offer-for-care-leavers/services-from-21-to-25-years</a>
Croydon			<a href="https://www.croydon.gov.uk/healthsocial/families/local-offer-for-care-leavers">https://www.croydon.gov.uk/healthsocial/families/local-offer-for-care-leavers</a>
Ealing	020 8825 8481 / 8634		<a href="https://www.youngearing.co.uk/projects/local-offer-for-ealing-care-leavers/">https://www.youngearing.co.uk/projects/local-offer-for-ealing-care-leavers/</a>
Enfield	020 8379 3418		<a href="https://new.enfield.gov.uk/services/children-and-education/local-offer-for-care-leavers-2019-20-children-and-education.pdf">https://new.enfield.gov.uk/services/children-and-education/local-offer-for-care-leavers-2019-20-children-and-education.pdf</a>
Greenwich	020 8921 8224		<a href="https://www.royalgreenwich.gov.uk/downloads/download/943/care_leavers">https://www.royalgreenwich.gov.uk/downloads/download/943/care_leavers</a>
Hackney	020 8356 4603		<a href="https://www.hackney.gov.uk/leaving-care-local-offer">https://www.hackney.gov.uk/leaving-care-local-offer</a>
Hammersmith & Fulham	020 8753 6522		<a href="https://www.lbhf.gov.uk/sites/default/files/section_attachments/366_9ds_care_leavers_offer_booklet-a5_rev1.pdf">https://www.lbhf.gov.uk/sites/default/files/section_attachments/366_9ds_care_leavers_offer_booklet-a5_rev1.pdf</a>
Haringey	0208 489 5800		<a href="http://www.youthspace.haringey.gov.uk/aspire-children-care-council/leaving-care-local-offer">http://www.youthspace.haringey.gov.uk/aspire-children-care-council/leaving-care-local-offer</a>
Harrow	020 8420 9687		
Havering	01708434343		
Hillingdon	0800 277066		<a href="https://archive.hillingdon.gov.uk/article/33520/Local-offer-for-care-leavers">https://archive.hillingdon.gov.uk/article/33520/Local-offer-for-care-leavers</a>
Hounslow	020 8583 4580		<a href="https://www.hounslow.gov.uk/downloads/20141/services_for_looked_after_children_and_care_leavers">https://www.hounslow.gov.uk/downloads/20141/services_for_looked_after_children_and_care_leavers</a>
Islington	020 7527 8585		
Kensington and Chelsea	FCSISTdutyteam@rbkc.gov.uk		<a href="https://www.rbkc.gov.uk/children-and-education/local-offer-care-leavers-managing-your-finances">https://www.rbkc.gov.uk/children-and-education/local-offer-care-leavers-managing-your-finances</a>
Lambeth	0207 926 6315		<a href="https://www.lambeth.gov.uk/children-young-people-and-families/children-looked-after-and-care-leavers/lambeths-local-offer-to">https://www.lambeth.gov.uk/children-young-people-and-families/children-looked-after-and-care-leavers/lambeths-local-offer-to</a>
Lewisham	020 8314 7808		<a href="https://lewisham.gov.uk/myservices/socialcare/children/support-for-young-people-leaving-care-local-offer">https://lewisham.gov.uk/myservices/socialcare/children/support-for-young-people-leaving-care-local-offer</a>
Merton	020 8545 4288		<a href="https://directories.merton.gov.uk/kb5/merton/directory/youth.page?youthchannel=6">https://directories.merton.gov.uk/kb5/merton/directory/youth.page?youthchannel=6</a>

	Newham	020 3373 1893	
	Redbridge	0208 418 4950	<a href="https://www.redbridge.gov.uk/adult-and-childrens-services/information-for-care-leavers/">https://www.redbridge.gov.uk/adult-and-childrens-services/information-for-care-leavers/</a>
	Richmond upon Thames	Kingston: 020 8547 6901	
		Richmond: 020 8831 6160	
	Southwark	Reception : 0207 525 7077	
		Duty team: 0207 525 1769	
	Sutton	0208 770 6600	<a href="https://www.suttonlocalofferforcareleavers.org.uk/">https://www.suttonlocalofferforcareleavers.org.uk/</a>
	Tower Hamlets	020 7364 1140	<a href="https://www.towerhamlets.gov.uk/Documents/Youth-Services/Care_leavers/Local_Offer_for_Care_Leavers.pdf">https://www.towerhamlets.gov.uk/Documents/Youth-Services/Care_leavers/Local_Offer_for_Care_Leavers.pdf</a>
	Waltham Forest	020 8496 3000	<a href="https://search3.openobjects.com/mediamanager/walthamforest/fsd/files/care_leavers_offer_booklet_1.pdf">https://search3.openobjects.com/mediamanager/walthamforest/fsd/files/care_leavers_offer_booklet_1.pdf</a>
	Wandsworth	020 8871 6733	<a href="https://thrive.wandsworth.gov.uk/kb5/wandsworth/fsd/service.page?id=WGMuGm6dedE">https://thrive.wandsworth.gov.uk/kb5/wandsworth/fsd/service.page?id=WGMuGm6dedE</a>
	Westminster	020 7641 4143.	<a href="https://www.westminster.gov.uk/being-in-care-and-leaving-care">https://www.westminster.gov.uk/being-in-care-and-leaving-care</a>
	Luton	01582 547820	<a href="https://www.luton.gov.uk/Health_and_social_care/children_and_family_services/childrens-services/childrensocialcare/Aftercare/Pages/default.aspx">https://www.luton.gov.uk/Health_and_social_care/children_and_family_services/childrens-services/childrensocialcare/Aftercare/Pages/default.aspx</a>
	Windsor & Maidenhead		<a href="https://www3.rbwm.gov.uk/download/downloads/id/3964/local_offer_for_care_leavers.pdf">https://www3.rbwm.gov.uk/download/downloads/id/3964/local_offer_for_care_leavers.pdf</a>
<b>Greater Manchester</b>	Bolton	01204 337376	<a href="https://www.bolton.gov.uk/children-care/young-people-leaving-care-local-offer/1">https://www.bolton.gov.uk/children-care/young-people-leaving-care-local-offer/1</a>
	Bury	0161 253 6666	<a href="https://www.bury.gov.uk/CHttpHandler.ashx?id=19827&amp;p=0">https://www.bury.gov.uk/CHttpHandler.ashx?id=19827&amp;p=0</a>
	Manchester	0161 227 3030	<a href="https://www.manchester.gov.uk/careleavers">https://www.manchester.gov.uk/careleavers</a>
	Oldham	0161 770 1171	<a href="https://www.oldham.gov.uk/careleavers">https://www.oldham.gov.uk/careleavers</a>
	Rochdale	0300 303 0440	<a href="http://www.rochdale.gov.uk/children-and-childcare/cared-for-children/Pages/Care-Leavers-offer.aspx">http://www.rochdale.gov.uk/children-and-childcare/cared-for-children/Pages/Care-Leavers-offer.aspx</a>



	Stockport	0161 475 6700	<a href="https://www.stockport.gov.uk/showcase/care-leavers">https://www.stockport.gov.uk/showcase/care-leavers</a>
	Tameside	0161 342 3168	<a href="https://www.tameside.gov.uk/localoffertocareleavers">https://www.tameside.gov.uk/localoffertocareleavers</a>
	Trafford	0161 912 5050	<a href="https://www.trafford.gov.uk/residents/children-and-families/children-in-care/Trafford-Care-Leavers-Offer.aspx">https://www.trafford.gov.uk/residents/children-and-families/children-in-care/Trafford-Care-Leavers-Offer.aspx</a>
	Wigan	01942 487150	<a href="https://www.wigan.gov.uk/Resident/Health-Social-Care/Children-and-young-people/Care-leavers/Children-leaving-care.aspx">https://www.wigan.gov.uk/Resident/Health-Social-Care/Children-and-young-people/Care-leavers/Children-leaving-care.aspx</a>
<b>Hampshire</b>	Hampshire	0300 555 1384	<a href="https://fish.hants.gov.uk/kb5/hampshire/directory/advice.page?id=T3SjaCfrefM">https://fish.hants.gov.uk/kb5/hampshire/directory/advice.page?id=T3SjaCfrefM</a>
	Portsmouth	02392 8391111	<a href="https://democracy.portsmouth.gov.uk/documents/s20930/Care%20Leavers%20Offer%20pack%20Appendix%202.pdf">https://democracy.portsmouth.gov.uk/documents/s20930/Care%20Leavers%20Offer%20pack%20Appendix%202.pdf</a>
	Southampton	02380915350	<a href="https://sid.southampton.gov.uk/kb5/southampton/directory/family.page?familychannel=10-11">https://sid.southampton.gov.uk/kb5/southampton/directory/family.page?familychannel=10-11</a>
<b>Herefordshire</b>	Herefordshire	01432 261625	
<b>Hertfordshire</b>	Hertfordshire	0300 123 4043	<a href="https://www.hertfordshire.gov.uk/services/Childrens-social-care/leaving-care/care-leavers.aspx">https://www.hertfordshire.gov.uk/services/Childrens-social-care/leaving-care/care-leavers.aspx</a>
<b>Isle of Wight</b>	Isle of Wight	01983 823434	<a href="https://www.iow.gov.uk/Residents/Care-Support-and-Housing/Childrens-Services/Isle-of-Wight-Care-Leavers/Isle-of-Wight-Local-Offer-for-care-leavers">https://www.iow.gov.uk/Residents/Care-Support-and-Housing/Childrens-Services/Isle-of-Wight-Care-Leavers/Isle-of-Wight-Local-Offer-for-care-leavers</a>
<b>Kent</b>	Dover	03000 410 701	<a href="https://www.kent.gov.uk/about-the-council/strategies-and-policies/childrens-social-work-and-families-policies/care-leavers-local-offer">https://www.kent.gov.uk/about-the-council/strategies-and-policies/childrens-social-work-and-families-policies/care-leavers-local-offer</a>
	West Malling	03000 421 124	
	Medway		<a href="https://www.medway.gov.uk/info/200260/local_offer_for_care_leavers/761/local_offer_for_care_leavers">https://www.medway.gov.uk/info/200260/local_offer_for_care_leavers/761/local_offer_for_care_leavers</a>
<b>Lancashire</b>	Lancashire	0300 123 6720	<a href="https://www.lancashire.gov.uk/youthzone/care-leavers-local-offer/">https://www.lancashire.gov.uk/youthzone/care-leavers-local-offer/</a>
	Blackburn	01254 243250	<a href="https://www.blackburn.gov.uk/Adoption/Information-for-Care-Leavers.pdf">https://www.blackburn.gov.uk/Adoption/Information-for-Care-Leavers.pdf</a>
	Blackpool	01253 754840	<a href="https://www.blackpool.gov.uk/Residents/Health-and-social-care/Children-and-families/JustUz/Resources/Documents/Final-Care-Leaver-Offer-180918.pdf">https://www.blackpool.gov.uk/Residents/Health-and-social-care/Children-and-families/JustUz/Resources/Documents/Final-Care-Leaver-Offer-180918.pdf</a>
<b>Leicestershire</b>	Leicester	0116 454 1004	<a href="https://www.leicester.gov.uk/health-and-social-care/adoption-and-fostering/looked-after-children/leaving-care-support/">https://www.leicester.gov.uk/health-and-social-care/adoption-and-fostering/looked-after-children/leaving-care-support/</a>

<b>Lincolnshire</b>	Lincolnshire	01522 575955	<a href="http://search3.openobjects.com/kb5/lincs/fsd/family.page?familychannel=1800">http://search3.openobjects.com/kb5/lincs/fsd/family.page?familychannel=1800</a>
	North Lincolnshire	01724 296500	<a href="https://www.northlincs.gov.uk/wp-content/uploads/2018/09/Local-Offer-to-care-leavers-revised-July-2018.pdf">https://www.northlincs.gov.uk/wp-content/uploads/2018/09/Local-Offer-to-care-leavers-revised-July-2018.pdf</a>
<b>Merseyside</b>	Knowsley	0151 443 4597	<a href="http://knowsleycareleavers.co.uk/">knowsleycareleavers.co.uk/</a>
	Liverpool	0151 233 3932	<a href="https://liverpool.gov.uk/council/strategies-plans-and-policies/children-and-families/liverpool-leaving-care-local-offer-2019/">https://liverpool.gov.uk/council/strategies-plans-and-policies/children-and-families/liverpool-leaving-care-local-offer-2019/</a>
	St Helens	01744 677089	
	Sefton	0151 934 3037	<a href="https://www.sefton.gov.uk/media/1429573/Sefton-Local-Offer-for-Care-Leavers.pdf">https://www.sefton.gov.uk/media/1429573/Sefton-Local-Offer-for-Care-Leavers.pdf</a>
	Wirral	0151 666 3777	<a href="https://democracy.wirral.gov.uk/documents/s50059439/Enc.%201%20for%20Wirrals%20Local%20Offer%20for%20Care%20Leavers.pdf">https://democracy.wirral.gov.uk/documents/s50059439/Enc.%201%20for%20Wirrals%20Local%20Offer%20for%20Care%20Leavers.pdf</a>
<b>Norfolk</b>	North Norfolk	cs.leavingcareteam.north@norfolk.gov.uk	<a href="https://www.norfolk.gov.uk/children-and-families/care-leavers-local-offer">https://www.norfolk.gov.uk/children-and-families/care-leavers-local-offer</a>
	East Norfolk	cs.leavingcareteam.east@norfolk.gov.uk	
	West Norfolk	cs.leavingcareteam.west@norfolk.gov.uk	
	South Norfolk	cs.leavingcareteam.south@norfolk.gov.uk	
	Norwich	cs.leavingcareteam.norwich@norfolk.gov.uk	
<b>North Somerset</b>	Bath and North East Somerset	01225 39 6930	<a href="https://www.bathnes.gov.uk/sites/default/files/care_leavers_local_offer_2019.pdf">https://www.bathnes.gov.uk/sites/default/files/care_leavers_local_offer_2019.pdf</a>
	North Somerset	01934 421 900	<a href="https://search3.openobjects.com/mediamanager/northsomerset/fsd/files/care_leavers_entitlements.pdf">https://search3.openobjects.com/mediamanager/northsomerset/fsd/files/care_leavers_entitlements.pdf</a>
<b>North Yorkshire</b>	Middlesbrough	01642 354100	<a href="https://www.middlesbrough.gov.uk/children-families-and-safeguarding/children-care/getting-ready-leave-care/benefits-and-support-care-leavers-local-offer-care-leavers">https://www.middlesbrough.gov.uk/children-families-and-safeguarding/children-care/getting-ready-leave-care/benefits-and-support-care-leavers-local-offer-care-leavers</a>

	Redcar & Cleveland	01642 774774	<a href="https://www.redcar-cleveland.gov.uk/resident/adult-children-health/children-services/looked-after-children/Pages/Leaving-Care-Team.aspx">https://www.redcar-cleveland.gov.uk/resident/adult-children-health/children-services/looked-after-children/Pages/Leaving-Care-Team.aspx</a>
	York	01904 555389	<a href="https://www.york.gov.uk/downloads/file/17592/care_leavers_local_offer_2019">https://www.york.gov.uk/downloads/file/17592/care_leavers_local_offer_2019</a>
	Northallerton Team	01609 533796	<a href="https://www.northyorks.gov.uk/core-offer-care-leavers">https://www.northyorks.gov.uk/core-offer-care-leavers</a>
	Scarborough Team	01609 536193	
	Selby Team	01609 535633	
	Knaresborough Team	01609 533865	
<b>Northamptonshire</b>		01604 364778 / 01604 364779	<a href="https://www3.northamptonshire.gov.uk/councilservices/children-families-education/young-northants/children-in-care/Documents/Care%20Leavers%20Local%20Offer%202018.pdf">https://www3.northamptonshire.gov.uk/councilservices/children-families-education/young-northants/children-in-care/Documents/Care%20Leavers%20Local%20Offer%202018.pdf</a>
<b>Northumberland</b>	Northumberland	01670 536400	<a href="https://www.northumberland.gov.uk/Children/Looked-after/Northumberland-Care-Leavers.aspx">https://www.northumberland.gov.uk/Children/Looked-after/Northumberland-Care-Leavers.aspx</a>
<b>Nottinghamshire</b>	Bassetlaw, Newark and Sherwood and Mansfield	0115 804 1236	<a href="https://www.nottshelpyourself.org.uk/kb5/nottinghamshire/directory/landing.page?newdirectorychannel=12">https://www.nottshelpyourself.org.uk/kb5/nottinghamshire/directory/landing.page?newdirectorychannel=12</a>
	Ashfield, Broxtowe, Gedling and Rushcliffe	0115 854 6318	
	21Plus team	0115 804 4154	
<b>Oxfordshire</b>	Oxford City	01865 323 222	<a href="https://www.oxfordshire.gov.uk/residents/children-education-and-families/childrens-services/local-offer-care-leavers">https://www.oxfordshire.gov.uk/residents/children-education-and-families/childrens-services/local-offer-care-leavers</a>
	Banbury	01865 816 677	
	Abingdon	01865 897 984	
<b>Rutland</b>	Rutland	01572 720 942.	<a href="https://www.rutland.gov.uk/my-services/health-and-family/childrens-social-care/leaving-care/">https://www.rutland.gov.uk/my-services/health-and-family/childrens-social-care/leaving-care/</a>
<b>Shropshire</b>	Shropshire	01743 254590	<a href="https://www.shropshire.gov.uk/looked-after-children/leaving-care/">https://www.shropshire.gov.uk/looked-after-children/leaving-care/</a>
	Telford	01952 385817	<a href="http://www.telford.gov.uk/downloads/file/10184/local_offer_to_care_leavers">http://www.telford.gov.uk/downloads/file/10184/local_offer_to_care_leavers</a>
<b>Somerset</b>	Main office	0300 123 2224	<a href="https://www.somersetcareleavers.org.uk/">https://www.somersetcareleavers.org.uk/</a>
	Taunton Deane and West Somerset	01823 357431	

	Mendip	01749 822946	
	South Somerset	01935 463948	
	Sedgemoor	01278 447924	
<b>South Yorkshire</b>	Barnsley	01226 772626	<a href="https://www.barnsley.gov.uk/services/children-families-and-education/children-in-care-and-care-leavers/children-in-care-information-just4u/care-leavers/">https://www.barnsley.gov.uk/services/children-families-and-education/children-in-care-and-care-leavers/children-in-care-information-just4u/care-leavers/</a>
	Rotherham	01709 822673	
	Doncaster	01302 737559	<a href="https://www.doncasterchildrenstrust.co.uk/sites/default/files/Financial%20Guidelines%202017-18.pdf">https://www.doncasterchildrenstrust.co.uk/sites/default/files/Financial%20Guidelines%202017-18.pdf</a>
	Sheffield	01142039060	<a href="http://democracy.sheffield.gov.uk/documents/s33362/Care%20Leavers%202.pdf">http://democracy.sheffield.gov.uk/documents/s33362/Care%20Leavers%202.pdf</a>
<b>Staffordshire</b>	Stafford	01785 276800	<a href="https://www.staffordshire.gov.uk/Care-for-children-and-families/leavingcare/Local-Offer/Care-Leaver-Local-Offer-FINAL-V-3-17.12.2018.pdf">https://www.staffordshire.gov.uk/Care-for-children-and-families/leavingcare/Local-Offer/Care-Leaver-Local-Offer-FINAL-V-3-17.12.2018.pdf</a>
	Burton	01283 239666	
	The Voice Project	01785 253878	
	Stoke on Trent	01782 233575	<a href="https://www.stoke.gov.uk/info/20009/children_and_families/141/leaving_care">https://www.stoke.gov.uk/info/20009/children_and_families/141/leaving_care</a>
<b>Suffolk</b>	North east	0300 123 1610	
	North west	0300 123 1630	
	South east	0300 123 1620	<a href="https://www.surreycc.gov.uk/social-care-and-health/children-in-care/our-support-to-care-leavers">https://www.surreycc.gov.uk/social-care-and-health/children-in-care/our-support-to-care-leavers</a>
	South west	0300 123 1640	
<b>Surrey</b>			<a href="https://www.surreycc.gov.uk/social-care-and-health/children-in-care/our-support-to-care-leavers">https://www.surreycc.gov.uk/social-care-and-health/children-in-care/our-support-to-care-leavers</a>
<b>Tyne &amp; Wear</b>	Gateshead	0191 433 2647	<a href="https://www.gateshead.gov.uk/article/11176/Gateshead-s-Local-Offer-for-care-leavers">https://www.gateshead.gov.uk/article/11176/Gateshead-s-Local-Offer-for-care-leavers</a>
	Newcastle	0191 2777 377	<a href="https://www.newcastle.gov.uk/services/care-and-support/children/leaving-care/our-care-leavers-offer">https://www.newcastle.gov.uk/services/care-and-support/children/leaving-care/our-care-leavers-offer</a>
	South Tyneside	0191 424 5010	
	Sunderland	0191 561 7109	<a href="https://togetherforchildren.org.uk/sites/default/files/2018-05/Local%20Offer%20for%20Sunderland%20Care%20Leavers.compressed.pdf">https://togetherforchildren.org.uk/sites/default/files/2018-05/Local%20Offer%20for%20Sunderland%20Care%20Leavers.compressed.pdf</a>
<b>Warwickshire</b>	Warwickshire	01926 414888	<a href="https://www.warwickshire.gov.uk/leavingcare">https://www.warwickshire.gov.uk/leavingcare</a>

<b>West Midlands</b>	Birmingham	0121 464 1229	<a href="https://www.birminghamchildrenstrust.co.uk/downloads/download/79/care_leavers_offer_2018">https://www.birminghamchildrenstrust.co.uk/downloads/download/79/care_leavers_offer_2018</a>
	Coventry	024 7678 7808	<a href="https://www.dudley.gov.uk/residents/care-and-health/children-and-family-care/care-leavers/">https://www.dudley.gov.uk/residents/care-and-health/children-and-family-care/care-leavers/</a>
	Dudley	01384 817670	<a href="https://www.dudley.gov.uk/residents/care-and-health/children-and-family-care/care-leavers/">https://www.dudley.gov.uk/residents/care-and-health/children-and-family-care/care-leavers/</a>
	Sandwell	0121 569 2201	<a href="https://www.sandwellchildrenstrust.org/wp-content/uploads/2019/03/Local-Offer-for-Care-Leavers-published-March-2019-2.pdf">https://www.sandwellchildrenstrust.org/wp-content/uploads/2019/03/Local-Offer-for-Care-Leavers-published-March-2019-2.pdf</a>
	Solihull	0121 709 7060	<a href="https://getitsorted.me/">https://getitsorted.me/</a>
	Walsall	01922 650555	<a href="http://childrens-services.webwalsall.com/wp-content/uploads/Guide-for-Care-Leavers-17-18.pdf">http://childrens-services.webwalsall.com/wp-content/uploads/Guide-for-Care-Leavers-17-18.pdf</a>
	Wolverhampton	01902 556439	<a href="http://win.wolverhampton.gov.uk/kb5/wolverhampton/directory/service.page?id=HglARjtu7H4">http://win.wolverhampton.gov.uk/kb5/wolverhampton/directory/service.page?id=HglARjtu7H4</a>
<b>West Sussex</b>	West Sussex	0330 222 2004	<a href="https://www.westsussex.gov.uk/media/12123/local_offer_care_leavers.pdf">https://www.westsussex.gov.uk/media/12123/local_offer_care_leavers.pdf</a>
<b>West Yorkshire</b>	Bradford (Odsal)	01274 436760	<a href="https://www.bradford.gov.uk/children-young-people-and-families/looked-after-children/the-leaving-care-service/">https://www.bradford.gov.uk/children-young-people-and-families/looked-after-children/the-leaving-care-service/</a>
	Bradford (Shipley)	01274 437123	<a href="https://www.bradford.gov.uk/children-young-people-and-families/looked-after-children/the-leaving-care-service/">https://www.bradford.gov.uk/children-young-people-and-families/looked-after-children/the-leaving-care-service/</a>
	Calderdale	01422 394099	<a href="https://www.calderdale.gov.uk/v2/residents/education-and-learning/local-offer/leaving-care">https://www.calderdale.gov.uk/v2/residents/education-and-learning/local-offer/leaving-care</a>
	Kirklees	01484 21900.	
	Leeds	0113 378 1149	-
	Wakefield	01924 306139	<a href="http://www.wakefield.gov.uk/schools-and-children/local-offer-for-care-leavers?">http://www.wakefield.gov.uk/schools-and-children/local-offer-for-care-leavers?</a>
<b>Wiltshire</b>	Swindon	01793 466715	<a href="https://www.swindon.gov.uk/info/20018/children_and_young_people/943/care_leavers_local_offer">https://www.swindon.gov.uk/info/20018/children_and_young_people/943/care_leavers_local_offer</a>
	Wiltshire		<a href="http://www.wiltshire.gov.uk/virtual-school-post-16-care-leavers">http://www.wiltshire.gov.uk/virtual-school-post-16-care-leavers</a>
<b>Worcestershire</b>	Worcestershire	01905 845613	<a href="http://www.worcestershire.gov.uk/careleavers">http://www.worcestershire.gov.uk/careleavers</a>

# Useful Resources

## Useful websites

**Become:** <https://www.becomecharity.org.uk/about-us/>

**Coram Voice:** <https://coramvoice.org.uk/>

**The Care Leavers' Foundation:** <http://www.thecareleaversfoundation.org/>

**The Care Leavers' Association:** <http://www.careleavers.com/>

**National Youth Advocacy Service:** <https://youngpeople.nyas.net/>

**Care Leaver Covenant:** <https://mycovenant.org.uk/>

## Rights, benefits and entitlements for Care Leavers

<https://www.ncl.ac.uk/students/wellbeing/assets/documents/CareLeavers.pdf>

<https://coramvoice.org.uk/young-peoples-zone/what-are-my-rights-and-entitlements>

<https://www.childrenscommissioner.gov.uk/help-at-hand/leaving-care-your-rights/>

## Help to define a Care Leaver

<https://coramvoice.org.uk/young-peoples-zone/am-i-care-leaver>

## Information for young people about family estrangement

<https://www.standalone.org.uk/guides/adultchildren/>

## Advocacy services for Care Leavers

The **Coram Voice's Always Heard** team maintains the national database of local authority advocacy services for Care Leavers. This is the most accurate and up to date list of advocacy services. <https://coramvoice.org.uk/young-peoples-zone/always-heard>.

Alternatively the Always Heard team can be contacted directly on **0808 800 5792**.

The **National Youth Advocacy Service** can also provide advocates for Care Leavers. They can be contacted directly on: 0808 808 1001 or visit the website for more information about the service: <https://youngpeople.nyas.net/index.php/about-us/advocacy>

### **Support and information for Care Leavers who are parents**

<http://www.frg.org.uk/ypa/need-help-or-advice/care-leavers>

### **Grants available for Care Leavers**

<https://www.capstonecareleaverstrust.org/>

[http://www.thecareleaversfoundation.org/About\\_Grants](http://www.thecareleaversfoundation.org/About_Grants)

<https://www.buttleuk.org/need-support/young-people#help>

<http://dev.reesfoundation.org/what-we-do>

<http://www.sparkfoundation.org.uk/FAQGrants.html>

### **Phone/advice lines for care leavers**

#### ***Become Care Advice Line***

For young people in Care, Care Leavers and those supporting them, the phonenumber provides advice about money, health and wellbeing, rights and entitlements, housing and education, contacting family members and signposting to local services.

Freephone 0800 023 2033 / [advice@becomecharity.org.uk](mailto:advice@becomecharity.org.uk)

#### ***Coram Always Heard Advice Line***

For Looked After Children and Care Leavers to find out about their rights and access support.

**Freephone 0808 800 5792** or **WhatsApp** +44 (0)7758 670369

**Text** 07758 670369 (you can send a text to this number and ask for someone to call you back, texts to this number are at your standard rate for sending texts, calls to this number cannot be answered)

**Email** [help@coramvoice.org.uk](mailto:help@coramvoice.org.uk).

## **Factsheets for young people about different aspects of Leaving Care**

These free downloadable factsheets cover:

- Pathway Plans
- Who's who is Children's Services
- Financial Entitlements for Care Leavers
- Entitlements in High Education

<https://www.becomecharity.org.uk/for-young-people/care-factsheets/> (available in 7 different languages)

## **Information about housing options**

[http://england.shelter.org.uk/\\_data/assets/pdf\\_file/0010/1308457/Factsheet\\_Help\\_for\\_care\\_leavers\\_18.pdf](http://england.shelter.org.uk/_data/assets/pdf_file/0010/1308457/Factsheet_Help_for_care_leavers_18.pdf)

## **Videos to inspire care leavers/challenge stigma (relating to different areas of their lives)**

<http://inspire-me-live.herokuapp.com/>

<https://www.youtube.com/watch?v=yQG9Z0iCEOM>  
<https://www.youtube.com/watch?v=yQG9Z0iCEOM>

<https://www.youtube.com/watch?v=OBo26NoEebc>  
<https://www.youtube.com/watch?v=OBo26NoEebc>

<https://www.youtube.com/watch?v=E-wp7HN9Zvs>  
<https://www.youtube.com/watch?v=E-wp7HN9Zvs>

## **Support and information for young refugees and asylum seekers**

[https://coramvoice.org.uk/sites/default/files/Who%20is%20Who%20leaflet%20online%20version\\_0.pdf](https://coramvoice.org.uk/sites/default/files/Who%20is%20Who%20leaflet%20online%20version_0.pdf)

[www.childrenslegalcentre.com/wp-content/uploads/2018/06/Leaving-Care-Support-June-2018-FINAL.pdf](http://www.childrenslegalcentre.com/wp-content/uploads/2018/06/Leaving-Care-Support-June-2018-FINAL.pdf)



## **Understanding Local Authorities' Role in Supporting Care Leavers**

<https://careleaverpp.org/wp-content/uploads/2018/03/Support-for-care-leavers-resource-pack.pdf>

Reducing Offending by Looked After Children (nacro, 2012)

<https://3bx16p38bchl32s0e12di03h-wpengine.netdna-ssl.com/wp-content/uploads/2012/05/reducing-reoffending-by-looked-after-children.pdf>