

Contact Details

For more information regarding the Changing Behaviours & Attitudes (CBA) programme or to make a referral, please contact us using the details below:

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Barnardo's Invisible Lives Service

Changing Behaviour & Attitudes programme

Changing Behaviours and Attitudes programme supporting children aged 8– 19 years and their families



....where there has been an adverse change in a child's behaviours of which may result in risk taking behaviours and/or offending.



Who Can Access CBA?

The Invisible Lives CBA programme provides a whole family approach to support children (aged 8-19 years) and their families when there has been an adverse change in the child's behaviour which may result in risk taking behaviours and/or lead to potential offending.

In order to access support the child must reside and attend **mainstream education** within Essex and have a **parent/carer* or sibling within the Criminal Justice System (CJS) ****

The service offers individual support in the family home and school for up to 8 sessions, with the potential for further support based on reviews and outcomes.

The child or young person must be exhibiting **one** of the following:-

Conduct Disorder e.g.

Aggressive behaviour

Disruptive behaviour

Deceitful behaviour

Violation of rules

Significant change in emotional behaviours

Additional factors can be taken into consideration when making a referral such as:-

- Child at risk of school exclusion or being excluded permanently, or on a reduced timetable as a result of family functions or family offending behaviours
- Children involved in anti-social behaviours but not yet criminalised.
- Children vulnerable and at risk due to other factors

**Significant person within the child's live who is having a direct effect on their behaviour or home situation.*

***When referring to CJS- this can include historical involvement or those currently at any stage of the CJS including arrest, court, community or imprisonment and release.*

Referral Information

Who can refer?

All agencies working with children including:

Education (primary and secondary mainstream only)

Police

EWMHS

Social Care (CIN—subject to discussion)

Voluntary Organisations

Self-Referrals

We are able to consider referrals from Family Solutions providing the case is not open already. Please call to discuss before making a referral.

We regret that we are unable to accept referrals from Youth Offending Teams or children that are on Child Protection Plans.

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In addition to the presenting child behaviours, the family may also be identified as having:-

Family Function causing adverse child behaviour, for example:-

- Home environment, safety, care, boundaries
- Substance misuse
- Domestic Abuse

The Parent/carer must also agree to receiving support

