

Barnardo's Invisible Lives

Changing Behaviour & Attitudes service Referral Protocol and Pathway

Accessing the service

The Invisible Lives CBA service provides a whole family approach to support children (aged 8-19 years) and their families when there has been an adverse change in the child's behaviour which may result in risk taking behaviours and/or lead to potential offending.

In order to access support the child must reside and attend mainstream education within Essex and have a **parent/carer* or sibling within the Criminal Justice System (CJS) ****

The service offers individual support in the family home and school for up to 8 sessions, with the potential for further support based on reviews and outcomes.

The child or young person **must** be exhibiting at least **one** of the following:-

Child-Conduct Disorder

- Aggressive Behaviour
- Disruptive Behaviour
- Deceitful Behaviour
- Violation of Rules
- Significant emotional behaviour changes



The family may also be identified as having:-

Family Function causing adverse child behaviour, for example:-

- Home environment, safety, care, boundaries
- Substance misuse
- Domestic Abuse

Other factors such as the following can also be taken into consideration when making a referral:-

- Child at risk of school exclusion or being excluded permanently, or on a reduced timetable as a result of family functions or family offending behaviours.
- Children vulnerable and at risk due to other factors.

Who can refer?

All agencies working with children 8-19 years including;

- Education (primary and secondary main stream education only)
- Police and other CJS services
- EWMHS
- Social Care- CIN (subject to discussion)
- Voluntary Organisations
- Self-Referrals



Invisible Lives aim to acknowledge all referrals within 72 hours of receipt

Please note: We are able to consider referrals from Family Solutions providing the case is not open already. Please call to discuss before you submit your referral. We regret that we are unable to accept referrals from Youth Offending Teams or children on a Child Protection Plan.

*Significant person within the child's live who is having a direct effect on their behaviour or home situation.

**When referring to CJS- this can include historical involvement or those currently at any stage of the CJS including Arrest, Court, Community or Imprisonment and release.

Changing Behaviour & Attitudes service Referral Process

Self, school or agency
referral acknowledged

Usually within 72
hours from receipt
of referral

Invisible Lives
review referral and
if accepted, contact
referrer to discuss
further if necessary

Usually within 4
weeks of
acknowledgement of
referral
(However, this may be
longer if receipt of
referrals is high)

Invisible Lives
will make contact
with parent/carer and
agree to commence
support when
appropriate to

Usually within 2
weeks of referrer
contact
If parent/carer cannot be
contacted through
telephone, text or email a
letter will be sent. If this is
not responded to we
reserve the right to close
referral

Support will commence
and be reviewed after 8
sessions
Feedback on outcomes can
be requested by referrer

Support will usually
commence within
2-4 weeks of initial
parent/carer
engagement
We reserve the right to
close referral if
parent/carer disengages
at any time during
intervention

For more information on Invisible Lives or to make a referral please call:
01268 558448 or 07947 219802 or email: invisiblelives@barnardos.org.uk